

Be a woman in prayer.

Read the full post here: <https://bringingupredheads.com/be-a-woman-in-prayer/>

Most things in life are out of your control. Prayer is something you can control. Not the outcome, but going to your Heavenly Father with your requests, concerns, and joys.

Philippians 4:6 (ESV)...do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

Romans 12:12 (ESV) Rejoice in hope, be patient in tribulation, be constant in prayer.

How can you go about this?

1. Surround yourself with faith-minded people who will hold you accountable for your prayer life.
 2. Join an organized Bible study that also has a time at the end of each meeting to pray for each other.
 3. Start your day with God's word, or plan intentional quiet time with God, in your day. Grab a Bible app or do a daily devotional. Try the YouVersion app and the site <https://shereadstruth.com/>.
 4. Memorize scripture, and pray about doing so.
- Psalms 119:11 (ESV) I have stored up your word in my heart, that I might not sin against you.
5. Pray for what you are passionate about. Examples include your family, friends, and world events.

Be a mom in prayer.

Read the full post here: <https://bringingupredheads.com/be-a-mom-in-prayer/>

1. Pray about and choose a verse (or many) to say to your kids before school. This leads to scripture memorization by you and your kids, together!
2. Go with your mom gut on what to pray. You know your kids best.
3. Utilize the book *The Power of a Praying Parent* by Stormie Ormartian (*find the link in the post*). She breaks the book down into 30 sections, and will get you praying for all kinds of things for your kids.
4. Join other moms and pray. Check out Moms in Prayer International (<https://momsinprayer.org/>).

Be a Wife in Prayer.

Read the full post here: <https://bringingupredheads.com/be-a-wife-in-prayer/>

1. Grab Stormie Ormartian's book, *Power of a Praying Wife* (*find the link in the post*). It hits on so many areas that I would never have thought to pray about. His temptations, his affection, his fears, his past, his faith, his reputation, his fatherhood, etc.
2. 25 verses to pray over your husband. Grab them here: <https://www.theodysseyonline.com/25-verses-to-pray-over-your-husband>
3. Let your kids hear or see you praying, and invite them to join in and pray for daddy. There's power in numbers when it comes to prayer, and it can be a bonding time with your kids.